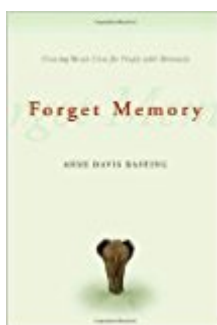


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# Forget Memory: Creating Better Lives For People With Dementia (Paperback)



## Synopsis

Memory loss can be one of the most terrifying aspects of a diagnosis of dementia. Yet the fear and dread of losing our memory make the experience of the disease worse than it needs to be, according to cultural critic and playwright Anne Davis Basting. She says, *Forget memory*. Basting emphasizes the importance of activities that focus on the present to improve the lives of persons with Alzheimer's disease and other dementias. Based on ten years of practice and research in the field, Basting's study includes specific examples of innovative programs that stimulate growth, humor, and emotional connection; translates into accessible language a wide range of provocative academic works on memory; and addresses how advances in medical research and clinical practice are already pushing radical changes in care for persons with dementia. Bold, optimistic, and innovative, Basting's cultural critique of dementia care offers a vision for how we can change the way we think about and care for people with memory loss.

## Book Information

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Average Customer Review: 5.0 out of 5 stars 1 customer review

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## Customer Reviews

Memory loss can be one of the most terrifying aspects of a diagnosis of dementia. Yet the fear and dread of losing our memory make the experience of the disease worse than it needs to be, according to cultural critic and playwright Anne Davis Basting. She says, *Forget memory*. Basting emphasizes the importance of activities that focus on the present to improve the lives of persons with Alzheimer's disease and other dementias. Based on ten years of practice and research in the field, Basting's study includes specific examples of innovative programs that stimulate growth, humor, and emotional connection; translates into accessible language a wide range of provocative academic works on memory; and addresses how advances in medical research and clinical practice are already pushing radical changes in care for persons with dementia. Bold, optimistic, and innovative, Basting's cultural critique of dementia care offers a vision for how we can change the way we think about and care for people with memory loss.

"Forget Memory: Creating Better Lives for People with Dementia" by Anne Davis Basting. Forget Memory: Creating Better Lives for People with Dementia This book provides excellent information on wonderful programs that are being used successfully in creating better lives for people with Alzheimer's and other forms of dementia. As this book documents, these programs produce positive results in the lives of the person with dementia, and the family. The creative and meaningful programs give families a deeper level of appreciation and understanding of the person with dementia, and provide families with tools that enhance the life of the person with dementia so that the remaining years may be as meaningful and full of life as possible. It is well written and well documented. I was introduced to this book by a teacher who required it for our text in my college Gerontology class on Alzheimer's and Other Forms of Dementia. I plan to use these various programs when I have an opportunity to do so in working with those suffering with dementia. I highly recommend this small, easy to read book for those who are truly looking to understand people with dementia, how to reach them, and how to help families and caregivers successfully interact with people with dementia. The wonderful programs discussed in this book, Naomi Feil's Validation Therapy, the Green House Model, and the Eden Alternative Model, all offer positive, productive tools that may be implemented to create better lives for people with dementia and their families.

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